**Cast Iron Cook-Off**

**Regional Entry Form**

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

Circle Applicable Age Division

**Junior (9-13yrs)**

**Senior (14-18yrs)**

**\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\***

**Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Print Mailing Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ County\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Shirt Size Youth\_\_\_\_ or Adult\_\_\_\_**

**Daytime Telephone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Cell #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Age on November 2nd\_\_\_\_\_\_\_\_\_ Heat source\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Regional Attending\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Mail Entry Form to entry fee ($10) for regional to:**

**Dogwood Hills Guest Farm**

**PO Box 21**

**Harriet, AR 72639**

**more info:** [**www.thefarmex.com**](http://www.thefarmex.com)

**1st - 3rd place winners will advance to State on November 2nd at Dogwood Hills**

**Senior competitors will be required to present two dishes at state using multiple skillets or a skillet/ dutch oven combo**

**ALL RULES AND PROCEDURES WILL BE STRICTLY ENFORCED**